

## **Athletics Welfare Policy and Procedures**

## Code of Conduct for Parents/People with Parental responsibility

## As a responsible parent/person with parental responsibility you will:

Respect the rights, dignity and worth of every athlete, coach, technical official and others involved in athletics and treat everyone equally

Cooperate fully with others involved in the sport such as coaches, technical officials, team managers, doctors, physiotherapists, sport scientists and representatives of the governing body in the best interests of the athlete

Consistently promote positive aspects of the sport such as fair play and never condone rule violations or the use of prohibited or age-inappropriate substances

Never place undue pressure on children to perform, participate or compete

Check out the qualifications and licences of people who are coaching or managing your child or offering a service connected to athletics such as physiotherapy, massage or nutritional advice

Take an active interest in your child's participation

Attend training or competitions whenever possible

Know exactly where your child will be and who they will be with at all times

Never make assumptions about your child's safety

Ensure that your child does not take any unnecessary valuable items to training or competition

Inform your child's coach or team manager of any illness or disability that needs to be taken into consideration for athletic performance

Provide any necessary medication that your child needs for the duration of trips

Assume responsibility for safe transportation to and from training and competition

Return any necessary written consent forms to the club/team manager or appropriate person, including next of kin details, health and medical requirements before your child goes to any away events or trips

Report any concerns you have about your child's or any other child's welfare to the Club Welfare Officer, Regional, National or UKA Welfare Officers. (This does not affect your right to contact your local social services or the police if you feel it is necessary)



As a responsible parent/person with parental responsibility for a young athlete, when participating in or attending any athletics activities, including training/coaching sessions and competition events you will:

Act with dignity and display courtesy and good manners towards others

Avoid swearing and abusive language and irresponsible behaviour including behaviour that is dangerous to yourself or others, acts of violence, bullying, harassment and physical and sexual abuse

Challenge inappropriate behaviour and language by others

Be aware that your attitude and behaviour directly affects the behaviour of your child and other young athletes

Avoid destructive behaviour and leave athletics venues as you find them

Never engage in any inappropriate or illegal behaviour

Not carry or consume alcohol to excess and/or illegal substances

Not carry any items that can be dangerous to yourself or to others excluding athletics equipment used in the course of your child's athletics activity