

<b>Position</b>	<b>Number</b>	<b>Name</b>	<b>Club</b>	<b>Age</b>	<b>Perf.</b>
1	135	Ben Wigmore	Llanfaes Primary	11	8.47
2	169	Rhodri Boggust	Brecon AC	12	9.22
3	152	Jamie Hunter	Crickhowell Primary	11	9.27
4	143	Jill Buck	Brecon AC	11	9.29
5	154	Dominic Davies		9	9.29
6	155	Marie Davies	Crickhowell High	12	9.36
7	147	Abigail Wyatt	Brecon AC	11	9.41
8	160	Oliver Cooper	Llangynidr Primary	9	9.45
9	133	Issy Morris	Brecon AC	8	9.50
10	168	Owain Nicholls	Brecon AC	11	10.03
11	144	Oliver Davies	Brecon AC	10	10.04
12	159	Joseph Cooper	Llangynidr Primary	8	10.09
13	157	Lewis Tucker	Crickhowell Primary	9	10.19
14	171	Edward Lewis	Llangynidr Primary	10	10.28
15	136	Ben Cuthbertson Smith	Llangynidr Primary	8	10.37
16	138	Megan Tucker	Brecon AC	8	10.39
17	137	Rebekah O'Loughlin	Brecon AC	8	10.43
18	165	Bev Tucker	Brecon AC	SF	10.46
19	142	Garin Davies	Cefnlllys Primary	9	10.49
20	166	Genevieve Matthews	Brecon AC	12	10.52
21	134	Isobel Mogg	Crickhowell Primary	8	10.52
22	151	Angus Hunter	Crickhowell Primary	7	11.12
23	149	Niall Boxhall	Brecon AC	10	11.46
24	162	Raiff Devlin	Cradoc	9	12.14
25	141	Jay Davies	Cefnlllys Primary	7	12.19
26	156	Joanna Davies	Llangattock Church in Wales	7	12.37
27	146	Ffion Wyatt	Brecon AC	9	12.46
28	161	Jack Devlin	Builth High	12	13.04
29	139	Megan Rowland	Crickhowell Primary	7	13.06
30	140	Rhianna Rowland	Crickhowell Primary	7	13.13
31	158	Kate Tucker	Crickhowell Primary	11	13.14
32	150	Phoebe Cuthberton Smith	Llangynidr Primary	7	13.29
33	170	Cari Lewis	Llangynidr Primary	6	13.30
34	163	Manon Chamberlain	Brecon High School	12	13.54
35	164	Ffion Chamberlain	Cradoc	11	14.07
36	172	Caroline Frampton	Unattached	F45	14.10
37	167	Mary-Jo Matthews		8	16.24
38	148	Bethan Cadmore	Brecon AC	9	16.57
39	145	Niamh Phillips	Crickhowell Primary	7	17.01

#### 4 MILE RACE

	<b>Number</b>	<b>Name</b>	<b>Club</b>	<b>Age Group</b>	<b>Perf.</b>
1	202	Andrew Hunt	Cardiff AAC	SM	20.07
2	203	Lee Aherne	Club 69	M40	21.43
3	8	David Davies	Spa Tans	M50	22.43
4	23	Adrian Woods	Bridgend AC	M40	23.00
5	4	Stacey Morgan	Croft Ambrey	SM	23.10
6	3	Ken Davies	Swansea Harriers	M50	24.08
7	212	David Thomas	Gorseinon 3M's	SM	25.01
8	213	Graham Colvin	Gorseinon 3M's	M40	25.20
9	15	Neil Lewis	Hereford Couriers	M40	25.25
10	43	Derek Osborne	Brecon AC	M40	26.14
11	18	Andrew Boxhall	Brecon AC	SM	26.18
12	215	Andy Lee	Unattached	M40	26.28
13	9	Chris Martin	Rhayader	M40	26.30
14	19	Gron Davies	Unattached	M40	26.39
15	20	Kristie O'Connell	Cardiff	F20	26.43
16	201	Ian Davies	Builth Running Club	M50	26.48
17	208	Alun Wyn Evans	Unattached	M40	27.09
18	121	Leigh Barker	Brecon AC	F20	27.19
19	36	Dave Wiltshire	Brecon Multisport	SM	27.28
20	24	Bethan Woods	Cwmbran	F20	27.37
21	6	Martin Buck	Brecon AC	M40	28.08
22	122	Paul Evans	Brecon AC	SM	28.10
23	7	Andrew Brassington	Unattached	M40	28.20
24	224	Michael Holloway	Unattached	SM	28.25
25	16	Joanna Summerfield	Brecon AC	F20	28.36
26	28	Elvet Jones	Brecon AC	M60	28.37
27	32	Gary Waters	Swansea Harriers	M50	28.41
28	205	Paul Hammonds	Builth Running Club	M40	28.47
29	221	Jacky Austin	Club 69	M50	29.27
30	216	Terry Simpson	Rhayader AC	M60	29.36
31	206	Anne Marie Evans	Club 69	F35	29.47
32	214	Paul Gillard	Unattached	M40	29.59
33	211	Celia Speake	Builth Running Club	F35	30.03
34	225	Tony Holloway	Unattached	M50	30.08
35		Stuart Rees/Geraint Hughes			
	222	Hughes	Gwernyfed High School	M40	30.30
36	5	Sue Davies	Unattached	F45	30.39
37	210	Mike Olivant	Highworth RC	M50	30.47
38	41	Alun Jenkins	Rhayader AC	M40	30.52
39	25	Sharon Woods	Bridgend AC	F45	31.00
40	30	Adam Weaver	Unattached	M20	31.07
41	204	Alison Nicholls	Brecon AC	F35	31.25
42	29	Kate Hovers	Brecon AC	F45	31.28
43	226	Phil Brown	Unattached	M50	31.35
44	12	Chris Spiller	Unattached	M40	31.49
45	223	Sarah Rees	Unattached	F35	32.49

46	44	Alun Powell	Gwernyfed High School	SM	33.01
47	46	Dave Jenkinson	Unattached	SM	33.07
48	218	Tom Forbes	Unattached	M60	33.07
49	10	Rose Thomas	Spa Tans	F55	33.57
50	217	H Davies	Unattached	M60	34.20
51	21	Carys Roberts	Brecon AC	SF	34.56
52	209	Carol Pearson	Builth Running Club	F55	35.02
53	42	Julie Lewis	Unattached	F35	35.13
54	22	Jenny Roberts	Brecon AC	F55	35.29
55	13	Samuel Spiller	Unattached	M20	35.56
56	50	Catherine Gilbert	Unattached	SF	36.08
57	11	Brenda Spiller	Unattached	F45	36.33
58	45	Bethan Roberts	Brecon AC	SF	37.09
59	39	Deborah Martin	Gwernyfed High School	SF	37.12
60	40	Dee Price	Rhayader	SF	37.13
61	220	C Morris	Unattached	M40	37.59
62	34	Tina Morris	Unattached	F35	37.59
63	219	Jane Kerr	Builth Running Club	M40	38.30
64	17	Caroline Frampton		F45	40.20
65	14	Kate Chamberlain	Unattached	F35	40.21
66	47	Rebecca Davies	Unattached	SF	40.23
67	33	Hannah Starkey	Unattached	F35	41.23
68	48	Sara Davies	Unattached	F20	41.25
69	26	Joanne Deveney	Unattached	F35	41.56
70	207	Don Fearn	Brecon AC	M60	42.59
71	38	Helen Lewis	Unattached	F35	43.20